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Ladakh's underground water quality under threat

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LEH: Ladakh's journey

of water consumption has evolved from drinking directly from streams and springs to relying on PHE tankers, shared public taps, and now, privately owned water supplies.

Historically, Ladakh's water sources—including springs, rivers, and glacial streams were considered safe for daily use, including drinking and cooking. The region primarily receives water from glaciers that accumulate on the moun-tains during winter and melt into the valleys in summer, providing one of the purest natural water sources.

However, over the years, ur-banization has disrupted these traditional water sources. Increased human activity has led to the pollution of surface water bodies, making them unsafe for consumption. This has driven a shift towards groundwater extraction, a system that now poses significant risks to Ladakh's natural water resources.

Glacial retreat due to black emissions-maincarbon ly from vehicles crossing high-altitude passes-has accelerated, causing premature melting and further impacting water availability. Meanwhile, groundwater extraction has surged dramatically. Studies indicate that Leh town had

Researchers detect cancer-causing elements in groundwater



Photo Caption: Overview of the Leh town.

only 10 bore wells in 1997, a number that skyrocketed to approximately 2,650 by 2020 and continues to grow.

Dr. Lobzang Chorol, who has been researching groundwater quality in Leh for the past eight years, warns that the town's underground water is heavily contaminated. She rates its quality as "average" due to high levels of bacteria and heavy metals, some of which have cancer-causing properties. Alarmingly, 90%

contamination is improper wastewater disposal. Many properties use unregulated dry soak pits instead of proper septic tanks. These pits fail to contain waste effectively, allowing contaminants to seep into the groundwater. Unlike septic tanks, soak pits cannot be cleaned or maintained easily, leading to longterm degradation of water quality.

Dr. Chorol, who collected of Leh's population relies on water samples from 28 locafurther degrade water quality. tions in Leh, noted that con- Dr. Chorol pointed out that measures:

One major contributor to tamination levels peak during consuming water from conthe summer months when tourism-related construction activities intensify. Tests have detected hazardous

heavy metals such as Cadmium, Chromium, and Nickel in Leh's groundwater. These elements are toxic to humans and pose severe health risks, including cancer.

Additionally, improper dis-posal of electronic waste, construction materials like paint and cement, and excessive use of agrochemicals

taminated sources can lead to severe gastric and intestinal issues.

Nitrate levels in Leh's groundwater are also alarmingly high. The standard limit is 45 mg per liter, but samples from Leh have recorded levels as high as 65 mg per liter. This increases the risk of blue baby syndrome in infants and other waterborne diseases.

To mitigate these risks, Dr. Chorol suggests the following

• Reduce the use of fertilizers and pesticides to prevent contamination of water bodies.

₹10/-

• Strictly enforce guidelines to protect natural water sources.

• Replace dry soak pits with proper septic tanks to prevent groundwater contamination.

• Limit the number of bore wells-properties should not exceed the necessary amount.

Revive traditional water-fetching methods from natural streams and springs, which were once considered sacred and kept away from pollutants.

• Emphasize environmental responsibility, as every action taken today will impact future generations.

She also acknowledged the UT Administration's recent ban on bore well extraction but stressed that the absence of alternative water sources remains a major concern.

Restoring Ladakh's traditional water conservation practices is now more critical than ever, as modernization threatens the region's delicate ecosystem. Ensuring sustainable water management will be essential to preserving Ladakh's environment and public health.

groundwater.

Ladakh Buddhist Association backs demand for Buddhist control over Mahabodhi temple

Demands repeal of Bodh Gaya Temple Act of 1949

R€ACD→LADAKD

Correction and clarification

It is the policy of 'Reach Ladakh Bulletin' to correct significant errors as soon as possible. Please specify the edition, date, news item or the article.

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Ladakh Buddhist Association during the press conference on demand to repeal the Bodh Gaya Temple Act of 1949.

Stanzin Dasal

Mahabodhi

Buddhist community.

LEH: Ladakh Buddhist bers are Buddhists, while the Association (LBA) has exremaining five, including the pressed solidarity with the chairman (the District Maghundreds of Buddhist monks istrate), are Hindus. and followers who launched

LBA President Cherring an indefinite relay hunger Dorjey Lakruk criticized the strike on February 12, demanding the transfer of the current arrangement, stating that placing the temple under Mahavihara a Hindu-majority committee Temple's management to the is unjust and deprives Buddhists of their right to man-Addressing a press confer-ence on February 23, the age their holiest site, where Gautama Buddha attained

LBA reiterated its demand enlightenment. to repeal the Bodh Gaya "The All India Buddhist Fo-Temple Act of 1949. The Act established a nine-member rum, led by Akash Lama, Bodhgaya Temple Managealong with its supporters and ment Committee (BTMC) to volunteers from Ladakh, has oversee the temple's adminbeen on a hunger strike for the past 13-14 days, demandistration, but only four meming Buddhist ownership of the temple and the repeal of the Bodh Gaya Temple Act," he said.

The LBA President further announced that its members are also participating in the hunger strike in Bodh Gaya. Additionally, in solidarity with the protestors there, Ladakh will continue the hunger strike after Dosmochey.

Jigmet Raftan, President of the LBA Youth Wing, emphasized that the demand for Buddhist control of the temple has been longstanding, and the All India Buddhist Forum has consistently raised awareness about the issue across the country.

Mahabodhi Temple The holds immense significance for Buddhists worldwide, making it crucial that its management be entrusted to the Buddhist community. However, under the Bodh Gaya Temple Act of 1949, the committee's chairman is the District Magistrate (a Hindu), further underscoring the urgent need for the Act's repeal and re-enactment to ensure Buddhist oversight.

The protest has garnered support from several Buddhist organizations across India, including the Buddhist Society of India, as well as international Buddhist associations from Sri Lanka, Thailand, Japan, and Mongolia. However, the government has yet to take concrete steps to address the issue.

Third edition of Pangong Frozen Lake marathon champions "Save Water, Save Glaciers"

Over 300 runners from across the world join the high-altitude challenge to raise awareness about melting glaciers



Pangong Frozen Lake Marathon: Runners from across the world join the high-altitude challenge to raise awareness about melting glaciers.

Nenzes Chodon

PANGONG: The Pangong Frozen Lake Marathon, held at an altitude of 4,225 meters, was recorded in the Guinness World Records as the world's highest frozen lake marathon when it was first introduced. This year, the marathon returned for its third edition on February 24 and 25, drawing over 300 participants from the USA, Nepal, Korea, Australia, and India. The event aimed to raise awareness about climate change, the melting of glaciers, and the pressing need to conserve water resources.

Chamba Tsetan, the pioneer Runners competed in five of the Frozen Pangong Lake categories: 55 km, 42 km, Marathon, emphasized that 21 km, 10 km, and the 5 km the event continues to grow "Run for Fun." The event was while staying true to its original objectives-promoting organized by the Adventure Sports Foundation of Ladakh, powered by The Thin Ice Adwinter tourism and raising awareness about climate ventures and the PHE Departchange. He highlighted Ladakh's potential to expand ment, with support from the UT Administration, LAHDC, its tourism industry beyond

the Indian Army, ITBP, and other stakeholders.

The final day of the marathon witnessed the presence of distinguished guests, including GoC Uniform Force, IG ITBP Dr. Akun Sabharwal, Secretary of Agriculture/Transport/ Animal Husbandry/SIDCO UT Ladakh Bhupesh Chaud-

hary, Deputy Commission-

er Leh Santosh Sukhdeve,

LAHDC Councillor Konchok

Stanzin, Sangha Councillor

Konchok Tsepel, SP UTDRF,

and other dignitaries.

the summer months, with the marathon serving as a key initiative to encourage winter tourism.

LAHDC Councillor Konchok Stanzin, representing the Chushul constituency, pointed out that such events significantly benefit local homestays and hotels. Many native businesses struggle to compete with larger chains and non-local service providers during the peak summer season. He expressed optimism that initiatives like these would gain more attention and a broader platform to promote winter tourism in the future.

Participants shared their excitement about the adventure and underscored the marathon's mission to advocate for urgent environmental and climate action.

...continues on page 2

Chuchot Alchidong residents perform traditional "Sherim" prayer for world peace



erations, has been conducted uninterrupted for centuries, even in today's scientific era. The tradition brings together people from Olu to Chugar, fostering unity and devotion.

To perform the prayer, venerable monks from Druk Gon Chang Chub Zong Chuchot assemble at the sacred site to conduct the "Stor Gya" and "Storma Go Soom" rituals. Additionally, both men and women participate in the "Doh Mangs" prayers while hoisting religious banners, flags, and 'Tarchen.'

gious banners, flags, and "Tarchen" during the Sherim prayer at Chuchot. Reach Ladakh Correspondent

People hoisting reli-

CHUCHOT: Residents of Chuchot Alchidong gathered at the historic stupa on February 24 to perform the centuries-old "Sherim" prayer, seeking world peace, progress, an end to war and famine, as well as the timely arrival of snow and rain.

Following the ritual of throwing the Storma, of-ferings known as "Srang Thuk" are presented to the venerable monks, Doh Mangs readers, and other participants.

The community urges the younger generation to uphold this sacred tradition for the collective welfare of all

This sacred prayer ritual, region. passed down through gen-

CEC Tashi Gyalson reviews execution plan for Ladakh's largest solar power project



During the meeting on discussion of the planning and execution of Ladakh's largest solar power project.

Reach Ladakh Correspondent

Chairman/CEC, LEH: LAHDC Leh, Adv. Tashi Gyalson chaired a meeting on February 25 to discuss the planning and execution and significantly reduce of Ladakh's largest solar carbon emissions in Leh

(SDP), with land allocated by LAHDC Leh, the ₹65 crore project aims to enhance power availability

Category	Position	Name	Time
Men's Full Marathon (42 km)	lst	Vlad Ixel	3:22:48
	2nd	Tsewang Tamchos	3:29:29
	3rd	Jigmet Nurboo	3:32:26
Women's Full Marathon (42 km)	lst	Tsewang Chuskit	5:55:07
(First Edition)	2nd	Skalzang Dolma	6:10:42
	3rd	Stanzin Kunzang	6:34:00
Men's Pangong Ice Ultra (55 km)	lst	Sonam Stanzin	4:56:10
(First Edition)	2nd	Stanzin Phuntsog	4:56:34
	3rd	Lobzang Tharchen	5:19:10
Men's Pangong Ice Ultra (10 km)	lst	Vishnu Nandan Rathore	0:45:32
	2nd	Tsering Stobgais	0:46:29
	3rd	Pawan Kumar (Bib No. 120)	0:50:52
Women's Pangong Ice Ultra (10 km)	lst	Tsering Ladol	1:25:45
	2nd	Sonam Angmo	1:28:36
	3rd	Rigzin Yangdol	1:57:08
Men's Pangong Ice Ultra (5 km)	lst	Jigmet Chotak	0:13:11
	2nd	Sonam Tsewang	0:34:19
	3rd	Gopa Kumar	0:34:21
Women's Pangong Ice Ultra (5 km)	lst	Vandana Tewari Yadav	1:00:45
	2nd	Stuti	1:05:41
	3rd	Rigsal Dolma	1:05:41

Third edition of Pangong Frozen Lake mara-

thon champions "Save Water, Save Glaciers"

Among the 300 runners, several stood out as champions in their respective catego-

The third edition of the Pangong Frozen Lake Marathon successfully combined adventure sports with environmental advocacy, further solidifying Ladakh's reputation as a premier winter tourism destination.

CEC, Air Force officials discusses Ladakh's air connectivity and regional development



CEC, LAHDC Leh, Adv. Tashi Gyalson with Air force officials.

Reach Ladakh Correspondent

LEH: CEC. LAHDC Leh. Adv. Tashi Gyalson, met with Air Commodore San-

cials discussed a range of support would be extendimportant issues aimed at ed, with no objections to improving the region's in- the initiative. This marks a frastructure and services, significant step toward im-

Ladakh's winter sports scene expands with first kids' snowboarding camp



Kids during the first-ever snowboarding camp at South Pullu.

Disket Angmo

SOUTH PULLU: The Ladakh Snowboarding Association, in collaboration with 4 Ladakh Scouts under Operation Sadbhavana, organised the regions' first-ever snowboarding camp. The 10-day-long event, held at South Pullu near Khardung La, aimed to introduce young students to snowboarding, develop their skills, and promote winter sports culture in the region.

A total of 50 students participated in the camp, where they received training from experience coaches. The initiative provided a golden opportunity for young sports enthusiasts to learn and practice snowboarding.

The event showcased live music performance by renowned Ladakhi rap artists Padma Ladol, Lil Thun and Buda Gyatso. Their energetic performances kept the spirit of the event high, making it a memorable experience for all attendees.

Speaking about the success of the event, Stanzin Dorjey, Ladakh Snowboarding Association said, "We had this idea three years ago, but it wasn't

successful at that time. Now, with everyone's support, we have made it happen. However, we faced challenges this year due to the weather and less snowfall. Our goal is to take Ladakh forward in this sport, and we are excited to conduct another batch once this one ends.

The students who attended the camp also expressed their excitement and gratitude. One of the participants said, The coach was very friendly while teaching us. They arranged everything for us, and I will definitely come again next time." Another student shared, 'It's been nine days, and it has been such an exciting experience. Now, I can snowboard! I will surely come again next year.'

The snowboarding camp marks an important step toward making Ladakh a hub for winter sports. With continuous support and enthusiasm from the local community and authorities, initiatives like these can help shape a bright future for young athletes in the region.

4th Winter Holistic Development Program bridges traditional wisdom and contemporary learning



..continuity of page 1

ower project-the LPDD and its surrounding areas. 12MW AČ / 15MWp DC Solar Photovoltaic Project in Phey.

urged all stakeholders to The meeting was attended by Chief Engineer PDD ensure its successful com-Tsewang Paljor, represenpletion. He highlighted tatives from Ecoteq Green that the initiative aligns Energies Foundation and with Prime Minister Na-M/s Oneindig Technolorendra Modi's vision of gies Limited, as well as making Ladakh a car-Thiksey Councillor Stanzin Chosphel and Khaltse Councillor Lobzang Sher-

Funded under the Special Package Development

step in Ladakh's transition towards a sustainable and eco-friendly future. **CEC Kargil expresses**

bon-neutral region.

gratitude to LG Ladakh, officers for extending benefits to Daily Rated **Workers**



CEC, LAHDC, Kargil, Dr. Mohd Jaffer Akhoon. Reach Ladakh Correspondent

KARGIL: CEC, LAH-DC, Kargil, Dr. Mohd Jaffer Akhoon expressed his heartfelt gratitude to theLieutenant Governor of Ladakh, Brigadier (Dr.) BD Mishra, Chief Secretary, Dr. Pawan Kotwal, Administrative Secretary, GAD, Michael M. D'Souza Ladakh and Director Finance, Ladakh Dr. Safdar Ali for their efforts in extending benefits to the Daily Rated Workers (DRWs)

of the Union Territory of Ladakh.

Acknowledging the step taken for the welfare of the DRWs, the CEC congratulated all daily-rated workers and extended his appreciation to the concerned stakeholders for their collective efforts in resolving the long-stand-

ing issues in the shortest possible time.

He added that the decision is expected to bring much-needed relief and stability to the lives of numerous DRWs who play a vital role in the region's workforce.

The CEC further emphasized that LAHDC Kargil will continue to work closely with the administration to ensure the well-being and rights of all workers across the district

jay Prabhu VSM, AOC 21 Wing AFS Leh, and Group Captain Ajay Kumar, C CEC Tashi Gyalson Adm O 21 Wing AFS Leh stressed the importance on February 19. of timely execution and

The meeting was also at-tended by Councillor Tiger Rigzen Lundup, Tehsildar Leh Attaullah Khan, and L.P. Namgyal, President of LBA Nubra.

CEC Tashi Gyalson officially welcomed the new AOČ, recognizing the Air Force Station's crucial role in enhancing connectivity and supporting Ladakh's development.

In the meeting, the offi-

Daily Wagers receive job security boost, thank CEC Tashi Gyalson



Chairman/CEC, LAHDC Leh, Adv. Tashi Gyalson, with Phunchok Angchuk, President of All Ladakh Daily Rated Workers (DRWs), and Stanzin Dorjey, Vice President.

ing (DoPT).

Reach Ladakh Correspondent

LEH: Chairman/CEC, LAHDC Leh, Adv. Tashi Gyalson, met with Phunchok Angchuk, President of All Ladakh Daily Rat-ed Workers (DRWs), and Stanzin Dorjey, Vice President, on February 25.

The representatives expressed their heartfelt gratitude to the CEC on behalf of all 1,900 Daily Rated Workers in various departments across UT Ladakh for the extension of benefits under the consolidated Prime Minister Narendra guidelines of the Depart- Modi, Home Minister Amit ment of Personnel & Train- Shah, and Lieutenant Governor of Ladakh, Brigadier This significant decision ac- (Dr.) BD Mishra (Retd.),

knowledges the invaluable for their support in realizing contributions of DRWs in this long-awaited decision. maintaining essential services, providing them with He also congratulated the enhanced job security, im- workers and reaffirmed

proved working conditions, LAHDC Leh's commitment and well-deserved recogni- to ensuring fair and protion for their dedication. gressive policies that uplift and empower Ladakh's

CEC Tashi Gyalson extendworkforce. ed his deep appreciation to

including challenges sur- proving air connectivity for rounding air connectivity, the region. organizing more medical

camps in remote areas, CEC Tashi Gyalson also and exploring options to expressed the Council's in-increase the frequency of tent to convene a follow-up civil flights to boost tour- meeting with the Indian Air ism, including late evening Force and the Airport Auflight operations. They also thority of India to plan for the early commencement of lated to ongoing initiatives civil flights in Nubra. He further acknowledged

the Indian Air Force's vital

The event commenced with a captivating performance of the traditional Larna by the local musicians. The participants actively engaged in various cultural performances, where children showcased their talents by playing musical instruments like the piano, guitar, and ukulele. They also sang songs and performed traditional dances, adding to the vibrant spirit of the program.

Chief Guest of the occasion, Stanzin Chosphel, Executive Councillor, LAHDC, Leh expressed his heartfelt gratitude to His Eminence, Drubpon Khamtak Rinpoche for continuing this initiative. He also commended the leader of Liktsey village for effectively organizing and managing the event. Encouraging other village heads, he urged them to host similar holistic development programs in their own villages. Furthermore, he declared that in the coming years, the Ladakh Autonomous Hill Development Council (LAHDC) would provide support for such initiatives, ensuring their growth and success.

His Eminence Drubpon Khamtak while addressing the gathering on the concluding day of the 4th Winter Holistic Development Programme in Liktsey village, emphasized the importance of abstaining from alcohol and drug consumption. He highlighted the negative impact of substance

Disket Angmo

LIKTSEY: 4th Edition of Winter Holistic Development of Ladakh Program, initiated by His Eminence Drubpon Khamtak Rinpoche, was successfully held from February 12 to February 24 in Liktsey village. This enriching 12-day program brought together 200 participants from different regions, including Zanskar, Nubra, Changthang, and Sham side, to learn and grow through a mix of traditional wisdom and modern education.

Thinles Nurboo, Councillor Kungyam emphasized the importance of sharing the knowledge gained from the program. He urged participants to spread their learnings in their own villages, as this would contribute to the overall development of Ladakh while also helping in the preservation of culture and traditions.

a drug-free society.

Tsewang Paljor, Deputy Secretary of the Cultural Academy Leh, acknowledged the contributions of His Eminence and the villagers in making the event a success. He stressed that education, knowledge, and wisdom should be imparted in an environment that makes learning easy and enjoyable. He noted that while many programs focus on specific areas like agriculture or medicine, this holistic development program integrates different aspects of learning, making it unique and beneficial for the overall growth of Ladakh.

abuse on individuals and society, urg-

ing the community to uphold health-

ier lifestyles and moral values. His

message resonated with attendees, re-

inforcing the need for awareness and

collective responsibility in promoting

Thinly Nurboo, a villager from Liktsey, shared that the program provided a platform for participants to learn about religion, Sanskrit, modern education, and English. It served as a bridge between traditional knowledge and contemporary learning, making it beneficial for people of all ages

The 4th Edition of the Winter Holistic Development Program successfully brought together people from different parts of Ladakh to learn, share, and grow. This annual event aims to foster intellectual growth, spiritual well-being, and the preservation of local traditions and culture among the residents of Ladakh

development. A major highlight of the contributions to Ladakh's meeting was the discussion development and reaffirmed on making civil airlines op- LAHDC Leh's continued

addressed other matters re-

and concerns for regional

erational at Thoise Airport, support for strengthening Nubra. The AOC assured infrastructure and services that, following Air Force in the region.

protocols, all necessary

By promoting clean and renewable energy, this project marks a significant

CEC, Leh reviews progress of housing for all scheme



CEC, LAHDC Leh, Adv. Tashi Gyalson, chairing a review meeting on the Housing for All schemes at the Conference Hall, Council Secretariat.

Reach Ladakh Correspondent

LEH: CEC, LAHDC Leh, Adv. Tashi Gyalson, chaired a review meeting on the Housing for All scheme at the Conference Hall, Council Secretariat, on February 18 to assess progress and finalize key aspects of the initiative.

The meeting was attend-ed by DC/CEO, LAHDC Leh. Santosh Sukhadeve; CPO Leh, Tsewang Gyal-son; CCF, LAHDC Leh, Zulfikar Ali; Tehsildar Leh, Attaullah Khan; AD FCS & CA, Ruth Mary; Assistant Director Planning (Rural), Ghulam Mohd; Executive Engineer (Construction), Im-ran Khan; and TSWO Leh, Thinlas Dorjay.

Joining the meeting online

will be submitted to the were ADDC Leh, Sonam UT administration for final Nurboo; Director Garages, Dr. Tundup Namgail; Director NIELIT, Phuntclearance. Additionally, the meeting sog Toldan; and MC Leh included a review of the Executive Officer, Stanzin Khorlo Scheme, an initia-Rabgais.

tive aimed at promoting green mobility in Leh. Dr. The CEC emphasized the Tundup Namgail, Director need to fast-track the onof Garages, and Phuntsog going process and directed officials to prepare a final draft for approval. He also proposed introducing an Toldan, Director of NIEL-IT, provided updates on the Khorlo App's progress. The CEC instructed that the app should be ready for exceptional circumstances category, subject to comlaunch by the first week of mittee approval, to ad-March. dress special cases.

The discussion focused The meeting concluded with a strong commitment on coordinating with the UT administration to ento expediting the Housing for All scheme and ensursure the timely finalization and approval of the ing its efficient implemenscheme. Once thoroughly reviewed, the proposal tation in Leh.

MD SIDCO reviews public transport operations in Ladakh

Calls for circular route design to enhance connectivity & efficiency



The Managing Director of Sindhu Infrastructure Development Corporation (SID-CO), Bhupesh Chaudhary.

resource utilization.

Highlighting the signifi-

cance of hydrogen buses,

the MD instructed officials

connectivity and optimize Ladakh without proper

to address existing opera-tional challenges and des-coordination and overall

documentation and called

for strict compliance with

transport regulations. He

also instructed officials to

establish a robust monitor-

Reach Ladakh Correspondent

LEH: The Managing Director of Sindhu Infrastructure Development Corporation (SIDCO). Chaudhary, Bhupesh chaired a comprehensive review meeting at the Civil Secretariat, Leh, on February 21 to assess public transport operations, review ongoing projects, and plan future developments.

At the meeting's outset, Senior Manager, SIDCO, presented a detailed report on the current operation of diesel and electric buses across UT Ladakh. It was noted that the region operates a fleet of 19 diesel and 19 electric buses covering various routes.

To improve accessibility and operational efficien-cy, MD SIDCO directed officials to design circular routes with a well-structured timetable. This initiative aims to maximize public transport coverage and benefit a larger population across Ladakh. Emphasizing the need for revenue generation in the transport sector, he urged the development of a sustainable circular route model to enhance

attended by Sonam Nur-The MD stressed the importance of well-planned boo, Senior Manager,

also present. Additionally, ARTO Leh, Inzar Ahmad on resolving key trans-

tax, vehicle registration, joined the meeting and fitness certification. virtually. The MD emphasized that no bus should operate in



Zanskar Buddhist Association raises developmental issues with Lt. Governor



A delegation from Zanskar with Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd).

Reach Ladakh Correspondent

LEH: A delegation from Zanskar, led by President of Zanskar Buddhist Association, Pasang Lhawang, met Lieutenant Governor of Ladakh, Brigadier (Dr) BD Mishra (Retd) at the Lieutenant Governor's Secretariat on February 25 to discuss key developmental concerns in the region.

The meeting was attend-ed by Principal Secretary Sanjiv Khirwar, Commissioner/Secretary to LG Dr. L Franklin, Secretary Education Bhanu Prabha, and officials from various departments.

Pasang Lhawang and other delegates raised several issues, including establishing a dedicated centre to conduct CBSE board exams in Zanskar; ensuring the smooth flow of traffic at Shingku-La without any inconve-nience to the public; financial initiative for grazing of livestock in Zanskar; ensuring fire emergency service in Zanskar; uniform distribution of subsidiary

component from the

concerned councillor for procurement of feed for animals and the need to take immediate steps for sterilisation of stray dogs in Zanskar, etc.

LG assured to take action on the issue of establishing a dedicated examination centre in Zanskar for CBSE board exams and sterilisation of stray dogs, with necessary instructions given to the officials to engage NGOs from outside Ladakh and increase the financial incentive provided to volunteers to take part in the initiative. He asked DGP Ladakh to place a fire tender in Zanskar with trained policemen to tackle fire incidents in the sub-division. He instructed Chief Engineer of Project Yojak to look into the issue of the traffic movement on Shingku-La.

The LG asked the delegates to take up the matter of procuring feed for animals from the subsidy component with the concerned area Councillor as well.

Leh marks the sacred Dosmoche festival with mask dances and rituals

45-day winter camp at Maan village concludes, promoting holistic learning



Reach Ladakh Correspondent

CHANGTHANG: The enhancing skills and fos- and discipline, Field visits 45-day winter camp at Maan village, Pangong, successfully concluded

tering personal growth, and border tours, offerincluding, Singing and ing deeper insights into dancing to enhance artistic Ladakh's rich history,

ignate specific routes for efficiency in the transport hydrogen-powered buses. This move is expected sector. Additionally, MD SIDCO directed officials to exto increase ridership and boost tourism, particularly during peak seasons. pedite loan disbursement to eligible beneficiaries to support entrepreneurs, promote То further

businesses, and stakeeco-friendly transportation, the meeting decided holders involved in infrato introduce dedicated structure and economic e-buses and hydrogen development projects in buses for tourist routes, Ladakh. ensuring seamless connectivity to key destinations. The review meeting was

routes and schedules to SIDCO; Er Tashi Namgenhance tourist conveyal, Executive Engineer, SIDCO; Dr. Owais Qadir nience while strengthening SIDCO's financial Jaan, Accounts Officer, SIDCO; and Stanzin Pasposition and contributing to Ladakh's economic ang, District Manager, ST/ SC/BC. Other concerned officials from SIDCO were growth. Discussions also focused

port-related issues, in-Rana, and Traffic Manager, cluding insurance, road SIDCO, Er Mohd Hussain,

DC Kargil reviews progress of PM Vishwakarma Scheme implementation

on February 18, marking a significant step towards alternative education and holistic development for local students. The camp was organized by Roy-al Enfield and SLC, with the support of Councillor Chushul Constituency, Konchok Stanzin, and executed by Youth Accord Maan Pangong.

Held from January 5 to February 18, the camp provided a unique educational platform beyond traditional classroom learning, incorporating experiential and skill-based activities. The closing ceremony was attended by Councillor Konchok Stanzin, who praised the initiative for its impact on youth empowerment and community engagement.

Students actively participated in various co-curricular activities aimed at

expression, Team-buildgeography, and strategic importance and Cultural ing exercises to develop leadership and collaboactivities, playing a cruration skills, Personality cial role in preserving and promoting local traditions development workshops to boost confidence and among the younger generself-awareness, Ice hockation. ey training to promote

physical fitness and sports- Speaking at the closing manship, Exploration of Councillor ceremony, Konchok Stanzin praised Ladakh's flora and fauna to deepen environmental the collaborative efforts awareness, Field visits of Royal Enfield, SLC, and border tours to high- and Youth Association light the region's cultural Maan Pangong in makand strategic significance ing this initiative a reality. "This camp has provided a and Cultural activities to preserve and celebrate La- much-needed platform for our youth to learn, grow, dakh's rich traditions and connect with their

The camp served as a heritage while developing transformative learning essential life skills," he experience, encouraging stated. engagement

and practical skill devel- Encouraged by the camp's opment. Key outcomes success, stakeholders hope of the initiative included, to expand similar initiatives in the future, ensur-Introduction of ice hockey training, inspiring students ing continued opportunito embrace a new sport ties for holistic education while fostering teamwork in Ladakh.

Deputy Commissioner/CEO, LAHDC Kargil, Shrikant Suse.

Reach Ladakh Correspondent

KARGIL: Deputy Commissioner/CEO, LAHDC Kargil, Shrikant Suse, convened a meeting on February 25 to review the progress of PM Vishwakarma, a Central Sector Scheme aimed at supporting traditional artisans and craftsmen in the district.

The meeting was attended by General Manager of District Industries Centre (DIC) Kargil, Abdul Hadi (CPO), Joint Direc-tor MSME DFO Jammu (virtually), FM DIC Kargil, Lead District Manager Kargil, Cluster Head J&K Bank Kargil, and the PMU

Team (virtually). The agenda covered sev- establishment of training eral vital aspects of the centers to equip artisans Vishwakarma Scheme, with essential skills and fiincluding a review of the nancial support. implementation of the

Vishwakarma Scheme, He also directed officials identified training centers artisans. in the Sub-Divisions.

DC Shrikant Suse con- the administration's comducted a detailed review mitment to ensuring the of these aspects, empha- effective execution of the sizing the need for time- PM Vishwakarma Scheme ly loan disbursement, and enhancing its impact increased awareness on the artisan community

in Kargil.

initiatives, and the swift

the status of training for to organize special loan artisans, disbursement of disbursement camps in loans to artisans, aware- subdivisions and at the disness camps and outreach trict headquarters to faciliinitiatives and the status of tate financial aid for local

The meeting reinforced



Monks of Hemis monastery performing the sacred mask dance, 'Chaams,' in the courtyard of Leh Palace.

Stanzin Dasal

LEH: The two-day ers of Ladakh, inspired Dosmoche festival was by the Mon-Lam, the celebrated with great 'Great Prayer' ceremony religious fervor on Febof Lhasa. The tradition ruary 26 and 27 in Leh dates back centuries, and Likir, continuing a with monks from differcenturies-old Ladakhi ent monasteries gathertradition. ing in the courtyard be-

The highlight of the festival was the sacred mask dance, 'Chaams,' performed in the courtyard of Leh Palace. Monks from various monasteries took turns participating in the ritual dance, with this year's performance led by the monks of Hemis Monastery. The monks of Takthok Monastery crafted the sacred 'Dhos' thread crosses, while the monks of Korzok Monastery created the 'Storzhok' ritual effigy, both essential elements of the

low the Leh Palace gate to perform the sacred mask dance. Dorjay Tsering, a member of the Leh Phu Dho Cultural Welfare Society, emphasized the festival's deep-rooted historical significance, stating that Dosmoche has been observed since the time of

King Singey Namgyal. He also noted that the festival is believed to mark the transition from the harsh winter season and the beginning of the Tibetan lunar new year.

Throughout the festival, people from across Ladakh flocked to the Leh market, enjoying traditional Ladakhi cuisine, shopping, tambola, ring games, and lotteries. The festival not only preserves Ladakh's spiritual heritage but also brings the community together in a vibrant cultural celebration.

Vice Chancellor UoL, Prof. Dr. Saket Kushwaha visits EJM College Leh



hands-on

Vice Chancellor of the University of Ladakh, Prof. Dr. Saket Kushwaha during its visit to EJM College Leh.

Reach Ladakh Correspondent

LEH: Vice Chancellor of the University of Ladakh, Prof. Dr. Saket Kushwaha, visited EJM College Leh on February 25, engaging with faculty and students to discuss key academic initiatives and the future of higher education in the region. During his visit, Prof. Kushwaha participated in insightful discussions on curriculum development, research opportunities, and interdisciplinary studies. He emphasized the importance of institutional collaboration to enhance educational standards and provide students with a holistic learning experience.

tion. Engaging directly with students and faculty helps us understand their needs and aspirations better. Our commitment to fostering academic excellence is unwavering," said Prof. Kushwaha.

A key highlight of the visit was the announcement of postgraduate (PG) courses at EJM College Leh and GDC Kargil, marking a significant step towards expanding higher education opportunities in Ladakh.

The Student Council of EJM College also had an interactive session with the Vice Chancellor, where they shared concerns and suggestions regarding academic programs and campus facilities. Prof. Kushwaha also toured the college library and laboratories, reinforcing the university's commitment to providing a

pal Dr. Sameena Iqbal expressed gratitude for his visit, stating, "The Vice Chancellor's insights will significantly contribute to our ongoing efforts to enhance academic offerings and better serve our students. His expertise will help take higher education in Ladakh to new heights, strengthening both the academic and administrative environment of our college."

the courses currently offered at EJM College.

Colleges, Prof. Tashi Ldawa; Assistant Registrar, UoL, Nawang Tundup; and Dean of Academic Affairs, Dr. Tashi Joldan, among other dignitaries.

The visit was attended by Director of

conducive learning environment. Welcoming the Vice Chancellor, Princi-

ceremonial burning of "Storma" took place, a symbolic ritual to ward She also provided a brief overview of off evil spirits and misfortunes in the coming

year, ushering in peace and prosperity for the people. The Dosmoche festival was initiated by the rul-

On the second day, the

festival.

"Educational institutions must adapt to the evolving landscape of higher educa-

Expert Talk:

Groundwater Crisis in Leh: Challenges and Solutions

By Stanzin Dasal

Water is the most essential resource for life, yet its availability and quality are becoming increasingly threatened in Leh due to rapid urbanization, climate change, and the growing demands of tourism. Once a region sustained by traditional water management practices, Leh is now facing severe groundwater depletion and contamination.

Over the years, fields and farms in Leh have been replaced by mushrooming commercial establishments, drastically altering land use patterns. While modernization and development bring economic growth, they also accelerate environmental degradation. Age-old sustainable practices that once ensured water conservation have been largely abandoned, pushing the region into a water crisis.

One of the most significant shifts contributing to groundwater stress is the replacement of traditional dry compost toilets with Western-style water-based toilets. Traditionally, dry compost toilets helped recycle waste into manure while conserving water. However, with increasing modernization, people have moved toward flush toilets, leading to a dramatic rise in water consumption.

Additionally, many households and establishments have opted for soak pits instead of septic tanks. Unlike septic tanks, which are designed to prevent direct seepage of waste into the ground, soak pits allow wastewater to percolate freely into the soil, leading to groundwater contamination. Harmful pollutants, including heavy metals, nitrates, and bacteria like E. coli, are now commonly found in Leh's groundwater.

As groundwater levels decline, the extraction of water through borewells has risen alarmingly. The convenience of borewells has led to their unchecked proliferation, further exacerbating the depletion of natural springs that once sustained the region.

According to official records, Leh had only 10 borewells in 1997. However, by 2020, this number had surged to 2,659—an average increase of 115 borewells per year. By 2025, this number is estimated to have grown even more drastically. The overuse of borewells not only reduces groundwater levels but also affects the recharge capacity of natural springs, leading to their gradual disappearance.

In response, the government has taken measures to curb illegal groundwater extraction. Deputy Commissioner Leh, Santosh Sukhadeve, recently reviewed restrictions on borewell usage, which have been in effect since December 1, 2024. It was declared that using borewells without prior approval in restricted areas—including Gonpa Gangles, Sankar, Yourtong, Leh, Skara, Choglamsar, Saboo, Spituk, Phay, and Phyang—would be considered illegal.

Dr. Lobzang Chorol, a researcher who has spent seven years studying Leh's water quality, has highlighted alarming trends in groundwater contamination.



Dr. Lobzang Chorol, **Researcher:**

My studies focus on groundwater quality, health risk assessment, and prediction. In Leh, 90% of the population depends on groundwater, but its quality is deteriorating, especially during the summer.

This is a serious concern that demands urgent attention.

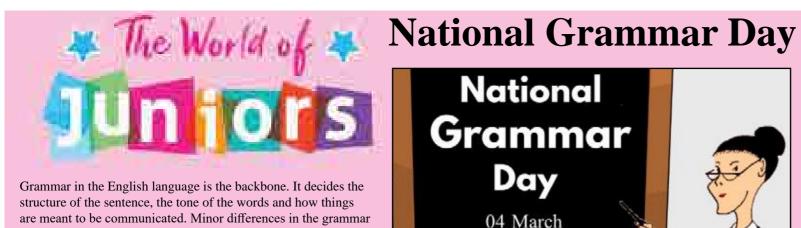
From 2017 to 2024, I collected water samples from 28 locations, extending from Gangles to the Airport, and found that groundwater quality is poor, posing significant health

risks. One of the major factors behind this deterioration is the wide- One of the most concerning findings is the rising nitrate concenspread use of dry soak pits instead of septic tanks. Due to a lack of awareness, many people have opted for soak pits without maintaining the necessary distance from borewells, increasing the risk of contamination.

Before digging a borewell, crucial assessments—such as soil quality testing-should be conducted to prevent contamination. The increasing number of hotels, guesthouses, and other establishments in Leh has also contributed to groundwater pollution. The use of detergents, toilet cleaners, and other chemicals has led to seepage into the groundwater. Additionally, the excessive use of fertilizers and pesticides further degrades water quality.

tration in groundwater. Ideally, nitrate levels should not exceed 40 mg/liter, but in Leh, the concentration has already reached 60 mg/liter. In 2024, the nitrate concentration was 55 mg/liter, and projections indicate that it could rise to 75 mg/liter by 2030 if preventive measures are not taken. High nitrate levels are particularly harmful to children and pregnant women, increasing risks of methemoglobinemia (commonly known as "blue baby syndrome").

Additionally, the concentration of heavy metals such as Chromium and Cadmium—both classified as carcinogens—has been ...continues on page 6





of the language can change the entire meaning of the sentences. In fact, the grammar in any language forms the structure of the language. Grammar nazis sometimes have a difficult time navigating through the grammatical errors and may find it difficult to understand the things that are meant to be communicated. Since language is the medium of communication, grammar forms the rules and regulations of the language that we should follow.

Every year, National Grammar Day is celebrated on March 4.

History:

In the 5th Century BC, an early grammar was used in the Sanskrit language, however, the traditional grammar and the alphabetical system was developed lot later by the early Greek people. Dionysius Thrax, Greek Grammarian defined grammar as the mode

that allows a person to speak and express in a language and its components with relation to each other. Noam Chomsky, American Professor and public intellectual, who is known for his contributions in the space of linguistics, contributed heavily to the grammar of English language, making it undergo dramatic changes. In 2008, Martha Brockenbrough, the founder of the Society for the Promotion of Good Grammar established National Grammar Day to be celebrated every year on March 4.

National Grammar Day is a special day to understand grammatical theories, learn the loopholes in the language and thank our editors. The best way to celebrate the day is by hosting a grammar party and getting our red pens out to find grammatical errors in day-to-day things such as newspapers, magazines, etc.

Courtesy: hindustantimes.com



1. Your brain is constantly eating itself. This process is called phagocytosis, where cells envelop and consume smaller cells or molecules to remove them from the system. Don't worry! Phagocytosis isn't harmful, but actually helps preserve your grey matter.

2. The largest piece of fossilised dinosaur poo discovered is over 30cm long and over two litres in volume. Believed to be a Tyrannosaurus rex turd, the fossilised dung (also named a 'coprolite') is helping scientists better understand what the dinosaur ate.

3. The Universe's average colour is called 'Cosmic latte'. In a 2002 study, astronomers found that the light coming from galaxies averaged into a beige colour that's close to white.

4. Animals can experience time differently from humans. To smaller animals, the world around them moves more slowly compared to humans. Salamanders and lizards, for example, experience time more slowly than cats anddogs. This is because the perception of time depends on how quickly the brain can process incoming information.

5. Water might not be wet. This is because most scientists define wetness as a liquid's ability to maintain contact with a solid surface, meaning that water itself is not wet, but can make other objects wet.

6. A chicken once lived for 18 months without a head. Mike the chicken's incredible feat was recorded back in the 1940s in the USA. *He survived as his jugular vein and most of his brainstem were left* mostly intact, ensuring just enough brain function remained for survival. In the majority of cases, a headless chicken dies in a matter of minutes.

Courtesy: BBC Science Focus

Turn a shade better every day



There is a lovely phrase, 'the compound effect'. And the author, Darren Har*dy*, *has this as the title of his famous* book. THE COMPOUND EFFECT, in simple terms, means that small things done at a time get 'converted', after months and years, into what you call BIG, GREAT, SUCCESS etc.

In other words, nothing great happens overnight. It is small steps taken every day that accumulate, ultimately, into a means that helps you get to your goal. Darren Hardy has this to say: *You will never change your life until*

you change something you do daily."

That means that your routine needs innovation on a daily basis so that it gives you the key to a better life.

In going about such a routine, one needs to be highly careful to take it as more than a daily routine. In other words, make your daily routine a challenging effort so that the purpose of your efforts takes a better meaning and shape. Your attitude, decision and your willingness to experiment on a daily basis go a long way as a steady step towards success. It all depends on how you respond daily.

Someone had this to say on the topic: "The strategy of reaping huge rewards from the small, and seemingly insignificant actions, ultimately lead you to the 'compound effect' that has the potential to give you big gains."

If we quote one of the brainiest guys in history, Albert Einstein, we get: "The most powerful force in the universe is compound interest." What that means is that compound effect can give one immense potential to create some kind of an experimental growth.

All great achievers attribute their success to their daily routine compounded over the years. Such a 'process' demands, on your part, honesty, sincerity, single-mindedness, and a missionary zeal with a clear vision. One has to be highly determined so as to be able to keep one's wishes alive until the very point of success.

Lesson: A good and beautiful life can happen only if you put 'compound effect' into play.

Courtesy: WongWorld The writer is a New Delhi-based Editor-at-large, columnist and professional speaker.

In Conversation with State Awardee Dr. Konchok Dorjey

Q. Jullay! Congratulations on receiving the state award under Teaching and Academics! Briefly tell us about you and from where did you pursue your educational degrees?

Thank you and Jullay! I am Dr Konchok Dorjey from Wanla village, located about 120 km from Leh city. I spent my childhood in the village, assisting my parents with farming and livestock rearing.

I completed my primary education at Government High School Wanla. From 6th to 10th standard, I studied at Jawahar Navodaya Vidyalaya (JNV) Leh, followed by my higher education at JNV Pathankot, Punjab. I earned bachelor's degree in science from GGM Science College Jammu, and master's degree in Botany from the Department of Botany, University of Jammu. During my master's program, I qualified for the National Eligibility Test (NET) twice and was awarded CSIR-JRF (Junior Research Fellowship) in Life-science. Subsequently, I completed my doctorate (Ph.D.) in Botany from the University of Jammu in the year 2015.

In 2017, I was selected as an Assistant Professor in the Higher Education Department. Since then, I have served at several colleges, including Women's College Sopore, Kashmir, and Eliezer Joldan Memorial College Leh. Currently, I am serving as an Assistant Professor in the Department of Botany at Govt. Degree College Nubra. With over seven years of experience teaching undergraduate students, I am committed to guiding and inspiring them with my knowledge and passion for botany and plant sciences.

Q. How many books and research papers have you published so far, and how many of them are related to Ladakh?

I have published one book, 16 research papers in various national and international journals, and nine articles in magazines and newspapers.

My book, Plants of Ladakh – A Photographic Guide, published in 2021, is a comprehensive, full-color photographic guide featuring more than 200 plant species, including medicinal, edible, and fodder plants. It serves as an essential resource for students, teachers, tourists, and anyone interested in the rich botanical diversity of Ladakh.

My research publications focus on various aspects of high-altitude wild mushrooms and flora that hold immense

Interviewed by Nenzes Chodon



MESSAGE TO THE READERS

C Education is more than degrees—it is about knowledge, wisdom, and critical thinking. Work hard, stay committed, and no challenge will be too great.

As a nature lover and conservationist, I urge everyone to protect Ladakh's unique flora and fragile ecosystem. By embracing sustainable practices and respecting traditional wisdom, we can create a better future for Ladakh.

Fortnight Highlights

ecological, medicinal, culinary, and socio-cultural significance in Ladakh. Recognizing my pioneering work in fungal diversity and ethnobotany, I was honored with the Dr. APJ Abdul Kalam Award for Scientific Excellence – 2020 and the InSc Award for Research Excellence – 2020 in 2021.

Q. Alongside Botany, your studies extend to Mycology as well. Can you explain what a mycologist does and highlight your research in this field?

Mycologists study fungi, including yeasts, molds, and mushrooms. Their work involves exploring fungal taxonomy, structure, physiology, growth, and interactions with the environment, as well as understanding both the beneficial and harmful roles fungi play in ecosystems.

I have conducted pioneering research on the mushroom diversity of Ladakh, focusing on fungal taxonomy, diversity, and ethnomycology. I am the first mycologist from Ladakh to initiate systematic research on high-altitude fungal diversity, with a particular emphasis on the mushroom species of the Ladakh Trans-Himalaya. During my doctoral research, I discovered and documented 70 fungal species that were reported for the first time from the Ladakh region.

Q. Tell us about your paper "Mushroom folklore in Ladakh: Myths and Beliefs surrounding wild mushrooms" which was selected for presentation at 18th Colloquium of International Association for Ladakh Studies in Poland.

My paper presents a pioneering ethnomycological study on wild mushrooms in Ladakh, exploring how perceptions of fungi have evolved within Ladakhi society. It examines the cultural and folkloric significance of mushrooms, shedding light on how they have been traditionally utilized or avoided.

The study delves into indigenous beliefs, superstitions, myths, and folk traditions surrounding mushrooms in Ladakh. It highlights the region's folk taxonomy of mushrooms, as well as supernatural myths, social beliefs, and taboos associated with them. Additionally, the paper discusses the ethnomedicinal use of mushrooms, their role as good omens, and the presence of naturally occurring mushroom-shaped rock formations in the region. Field photographs of important mushroom species were also included to provide a visual reference.

Q. You qualified NET twice in a year. What advice would you like to pass to students preparing for it?



Chairman/CEC, LAHDC Leh, Adv. Tashi Gyalson, in the presence of Executive Councillor, Stanzin Chosphel extended heartfelt congratulations to Chief Planning Officer (CPO) Tsewang Gyalson for receiving the District Award for Outstanding Performance in Public Service for the year 2024-2025.



Chairman/CEC, LAHDC Leh, Adv. Tashi Gyalson, felicitated the newly appointed Thiksey Councillor Stanzin Chosphel as the Leh District President BJP, Leh and Nyoma Councillor Ishey Spalzang as the Changthang District President BJP, Nyoma.



The General Administration Department of the Union Territory of Ladakh has issued an Office Memorandum announcing the re-designation of the post of Advisor to the Lieutenant Governor as Chief Secretary, UT of Ladakh. This decision follows the notification dated January 3, 2025, issued by the Department of Personnel & Training (DoPT), Government of India and has been approved by the Competent Authority in the Ministry of Home Affairs.



In an effort to promote cleanliness, hygiene and environmental sustainability, the JETBUSTERS of Fire and Fury organised cleanliness drive in Spituk.



Chairman/CEC, LAHDC Leh, Adv. Tashi Gyalson, chaired a meeting to discuss the proposal for creating various departmental posts in the newly formed districts of Nubra, Changthang, Sham, Zanskar, and Drass.



The India Ice Hockey team has returned to Leh after participating in the 9th Asian Winter Games in Harbin, China. Executive Councillor Tashi Namgyal Yakzee welcomed the team on behalf of LAHDC and congratulated the players.



The 23rd Col Rinchen Memorial T20 Cricket Tournament concluded with an exciting final match between the Pathan club Bogdang VS united Panamik Cricket Team. Panamaik team won the match by 33 run.



400 bags of cattle feed to launch the "Milk Belt" initiative in Leh district was flagged off

Continuity of page 4 Groundwater Crisis in Leh: Challenges and Solutions	Continuity of page 5 In Conversation with State Awardee Dr. Konchok Dorjey	
 increasing over the past five years. Other harmful metals like iron and nickel have also been detected in significant amounts. The prolonged consumption of contaminated water can lead to severe health issues, including cancer, kidney diseases, and developmental disorders in children. Another alarming trend is the improper disposal of construction and demolition (C&D) waste. Much of this waste is directly discarded into rivers and streams, gradually contaminating water sources. This practice must be addressed immediately to prevent further degradation of water quality. 	Clearing National Eligibility Test (NET) requires a dedicated and strategic approach, consistent study and concept clearance in general aptitude and the concerned subject. Students should focus on understanding the basic concepts rather than memorizing, prepare self-written notes and flowcharts and most importantly practice and revision required atleast 2-3 month before the exam.	
	Q. Besides teaching, how do you contribute to the intellectual and academic environment of the college community?	
Potential Solutions	I took the initiative to establish the Mushroom Cultivation Centre at EJM College, Leh, in 2021 with limited re- sources. This center, the first of its kind at the college, focuses on oyster mushroom cultivation, providing students with job-oriented and skill-based education in sustainable farming.	
To mitigate the ongoing groundwater crisis, a multi-pronged approach is needed. Both govern- mental interventions and community participation are essential to reversing the current trends. The use of fertilizers and pesticides should be minimized. Converting soak pits to properly	To enhance teaching and learning about plant sciences, I introduced a unique herbarium concept called the "Wall of Herbarium" at EJM College. This initiative simplifies plant taxonomy and identification by displaying dry plant samples preserved and illustrated on walls, making botanical studies more accessible and engaging for students.	
designed septic tanks is essential to prevent groundwater contamination. The availability of groundwater is meaningless if its quality is compromised.	I have also organized various workshops and seminars to foster a strong academic and research culture within the college. Recently, I organized a National Seminar on 'Himalayan Medicinal Plants – Present and Future Prospects' from October 26-28, 2024, at EJM College, Leh. Funded by NMPB, Ministry of Ayush, Government of India, the seminar played a crucial role in enhancing awareness, research, and conservation efforts related to medicinal plants	
Reviving traditional dry compost toilets, which are both sustainable and water-efficient, should be encouraged, especially as water scarcity becomes a growing concern. Additionally, guest-	in the Ladakh Himalaya.	
houses and hotels should be required to install water meters and implement mandatory grey- water treatment systems. Introducing a water conservation fee can further promote responsible water usage among commercial establishments.	Beyond academics, I have been actively involved in the development of the college, serving as a convener and member of several key committees. As Programme Officer (PO) of the National Service Scheme (NSS), I have led various community service initiatives, particularly during the COVID-19 pandemic. Under my guidance, Padma Angmo, an NSS student of EJM College, made history by representing Ladakh for the first time at the Republic	
Preserving and reviving age-old traditions and customs is crucial for protecting water sources. In the past, communities maintained water bodies with reverence, often guided by cultural and	Day Parade 2020 in New Delhi. Through these initiatives, I strive to contribute to the academic excellence, skill development, and community	
religious beliefs. Reintroducing these practices can foster a sense of responsibility and ensure the long-term sustainability of water resources.	engagement of the college and its students.	
I sh's aroundwater origin is a pressing issue that requires immediate action. The combination of	Q. During research studies, what are the plants found in Ladakh that are rare and beneficial but under- mined?	
Leh's groundwater crisis is a pressing issue that requires immediate action. The combination of rapid urbanization, increased tourism, and unsustainable water use has placed immense pressure on groundwater resources. If the current trends continue, the region may face severe water scarcity and health crises in the near future.	My research on plants focuses on the conservation of threatened species, exploring their potential medicinal uses and understanding plant folklore, traditional practices and the relationship between plants and people in Ladakh and the Himalayas.	
However, through proactive measures—such as regulating borewell usage, improving waste- water management, reviving traditional practices, and promoting sustainable farming—this cri- sis can be mitigated. Both government authorities and local communities must work together to protect Leh's groundwater for future generations.	I believe that every plant species growing in the mountains of Ladakh is rare and beneficial to both our ecology and economy. At present, most potential plants remain underutilized, except for a few well-known ones like sea- buckthorn. Take, for example, the Black Goji Berry (Lycium ruthenicum), locally called Khi-tser, a medicinal plant found abundantly in Nubra Valley. The plant bears darkly pigmented black berries known for their antioxi- dant, anti-inflammatory, anti-aging, anticancer, anti-diabetic, radiation injury protection and immune-modulating properties, offering immense health benefits. However, this plant is yet to be fully explored and commercialized.	
Only by adopting sustainable water management practices can we ensure that this vital resource remains available for generations to come. The time to act is now.	Similarly, many other medicinal plants remain undervalued and need further research and utilization.	
ICAR-CAZRI, Leh conducts training cum input distribu-	Q. Many plants are considered threatened in Ladakh. What are the key strategies used in plant conserva- tion to protect the threatened plant species.	
tion programme under tribal sub plan	Yes, many plants and trees in Ladakh are highly threatened due to overexploitation, habitat destruction and climate	
In the subsequent technical session, Ankesh Kumar conducted training on "Pruning and Training in Apple and Apricot," explaining proper pruning methods to improve fruit yield and tree health. Additional-	change. For instance, medicinal herbs such as the Himalayan Marsh Orchid (Dactylorhiza hatagirea), Aconite (Aconitum heterophyllum), Ratanjot (Arnebia euchroma), Himalayan Mayapple (Podophyllum hexandrum), and Himalayan Blue Poppy (Meconopsis aculeata) are endangered or critically endangered due to excessive uprooting and overexploitation for medicinal use. Similarly, tree species like Juniper (Juniperus sp.) and Himalayan Birch (Betula utilis) are highly threatened due to overharvesting for timber and religious purposes.	
ly, Stanzin Landol led a practical session on "Preparation and Ap- plication of Waste Decomposer,"	Conventionally, there are two major strategies for plant conservation: In-Situ Conservation – Preserving plants within their natural habitat by establishing protected areas such as national parks and biosphere reserves. Ex-Situ Conservation – Conserving plants outside their natural habitat by cultivating them in botanical gardens and nurse	



Reach Ladakh Correspondent

LEH: The ICAR-Central Arid Zone Research Institute (CAZRI), Regional Research Station, Leh, organized one-day Training cum Input Distribution Programme under the Tribal Sub Plan (TSP) to promote sustainable farming practices in Ladakh.

The program began with a wel-

come address by Stanzin Landol, who provided an overview of the training objectives. Dr. Maheshwar Singh (Head, CAZRI-Leh) delivered an insightful lecture on "Nursery Raising of Vegetable Crops," emphasizing techniques such as line sowing and pre-sowing seed treatment through soaking to enhance early germination.

CEC Kargil, Dr. Akhoon inspects ongoing development

projects

conditions. The event saw active participation from over 26 farmers from Rambirpur village. Concluding the program, essential farming inputs such as waste decomposer and black mulching polythene were distributed under the Tribal Sub Plan, supporting eco-friendly and cost-effective agricultural practices in the region.

tion and reviewed progress.

During his visit to the Ice Hockey

Rink in Biamathang, he empha-

sized the need to expand seating

capacity for spectators. The Joint

Director informed him that the De-

essary maintenance work has been

highlighting its role in soil health

improvement, compost decomposition, and increased crop productivity in Ladakh's high-altitude

However, the protection and conservation of plants and trees is the responsibility of every one of us in the society. Every individual can contribute to plant conservation in many ways, like planting trees, gardening and farming, protecting plants and supporting organizations working on conservation. Protect plants for our food, medicine and shelter, and air we breathe. As I often say, "If we protect plants today, plants will protect us tomorrow."

Conservation - Conserving plants outside their natural habitat by cultivating them in botanical gardens and nurs-

45-day winter camp in Kanji wraps up with cultural & sports events



eries, as well as preserving them through seed banks and cryopreservation.

Students performing during the concluding ceremony of the 8th edition of the Winter Camp in Kanji.

Reach Ladakh Correspondent

KANJI: The 8th edition of the Winter Camp, organized by the Youth Association Kanji (YAK), concluded with an enthusiastic closing ceremony at Kanji village on February 15. Councillor Lamayuru Constituency, LAHDC Leh, graced the occasion as the Chief Guest.

The Kanji Winter Camp, initiated by YAK in 2017, has successfully run for the past eight years. The 2025 edition, spanning 45 days, saw the participation of 55 registered children from Kanji village.

The camp provided an array of learning experiences, including alternative skill-based education, STEM learning, Social, Emotional, and Ethical (SEE) Learning, cultural preservation, IT training,

leadership and confidence-building classes, ice hockey coaching, and academic counseling.

The event was supported by Royal Enfield and the Eicher Group Foundation, in collaboration with their NGO partners-Snow Leopard Conservancy India Trust (SLCIT) and Leh Nutrition Project (LNP). These organizations assisted in facilitator training and the ice hockey camp.

Addressing the gathering, Chief Guest Dr. Morup Dorjey, Hon'ble Councillor of Lamayuru Constituency, LAHDC Leh, congratulated the youth of Kanji for their unwavering dedication to their village. He assured full support to YAK Kanji in its future endeavors and highlighted his contributions towards the development of remote villages like Kanji.

The President of Youth Association Kanji remarked, "With each passing year, we continue to learn alongside the children. This motivates us to keep organizing such camps, where children not only learn and have fun but also reconnect with their roots, away from the hustle of modern life. Our efforts over the last eight years have led to an increase in school admissions at MS Kanji, nurtured more confident youth, and even produced ice hockey players who have represented the region at the UT level and India at the international level."

Thinles Angmo, Education Head of Snow Leopard Conservancy India Trust, and Tsering Dolker, Program Coordinator at Eicher Group Foundation (Royal Enfield) Leh, were also present and addressed the gathering.

The closing ceremony featured an exhibition ice hockey match between the Under-15 YAK Black and YAK White teams, along with a unique on-ice cultural dance performance by children under 12. Additionally, students showcased self-composed cultural programs and class projects developed during the 45-day camp.

NOTICE

No 9925920M Rank Hav Jigmat Wangur Unit 4 Ladakh Scouts C/o 56APO has claimed that his wife namely Sonam Ladol Date of Birth has been wrongly entered as 20-05-1989 instead of correct and actual Date of Birth 20-05-1988 in the Army record of, Unit 4 Ladakh Scouts C/o 56APO and produced an affidavit duly verified by Notary public Leh with Certificate No. IN-LA08318061313407X to this office for making necessary correction. Hence the notice is hereby served through press to file objection if any in this office, Unit 4 Ladakh Scouts C/o 56APO within 7 days from date of publication failing which necessary correction will be made.



Reach Ladakh Correspondent

KARGIL: CEC, LAHDC Kargil, Dr. Mohd Jaffer Akhoon, conducted an inspection of various ongoing developmental projects in the district on February 18.

He was accompanied by Additional Deputy Commissioner Kargil, Joint Director of Youth Services and Sports, Ladakh, Executive Engineer of R&B, Tehsildar Kargil, Councillor Abdul Wahid, Councillor Alfat Hussain, and other concerned officials.

Dr. Akhoon visited several sports infrastructure projects at Kurbathang, including the AstroTurf football ground and synthetic track. Officials informed him that the total cost of the project is approximately ₹18.21 crore. While the ground is complete, the pavilion remains unfinished. The CEC directed the Executive Engineer of R&B to expedite the pavilion's completion and instructed the Joint Director of Youth Services and Sports to facili-

tate football matches.

Inspecting the International Ice Hockey Rink, Dr. Akhoon lauded the quality of work and was briefed that the total project cost is ₹37.97 crore. While most construction is complete, the installation of chilling machines is pending. He directed the R&B Department to temporarily maintain the rink's flooring and install lights at the earliest to enable matches. He also assured that if needed, funds from the CAPEX budget would be allocated for ground maintenance.

Dr. Akhoon also visited the Shelter Home for recovered missing children, constructed at a cost of ₹1.68 crore. Officials reported that 100% of the work is complete, except for some minor tasks, which will be finished soon.

At the site of the 300-bed Girls' and Old Age Home in Kurbathang, the CEC inspected ongoing construc-

tailed Project Report (DPR) for pavilion construction and other nec-

submitted.

Highlighting the Lieutenant Governor of Ladakh's commitment to sports infrastructure development, Dr. Akhoon directed officials to ensure high construction standards and maintain material quality.

Later, he inspected District Hospital Kargil, including the construction sites of the MRI room, prayer room, and pre-fabricated attendant shelter. Officials informed him that the DPR for the prayer room has been submitted and that the MRI room construction is near completion. The CEC instructed that the attendant shelter be equipped with essential amenities like electricity and water.

Additionally, Dr. Akhoon directed the Project Director of Kargil Renewable Energy Development Agency (KREDA) to install four solar streetlights at key locations within the hospital premises. He also assured funding for high-mast solar lights under the untied budget.

celebration, a series of aware-

ness camps, veterinary health

camps, vaccination drives,

deworming programs, and

farmer awareness sessions are

being conducted.

Fortnightly News

DCPU Kargil conducts inspec-

tion and awareness drive on

child abuse in hostels

abuse incident at a private

residential coaching center in Kargil. The drive focused

on assessing hostel facilities,

interacting with students and staff, and raising awareness

During inspections, the team

found that while most hos-

tels provided basic amenities,

some required improvements

in sanitation and infrastruc-

ture. Officials engaged with

students and hostel staff to

ensure a child-friendly envi-

ronment and strict compliance

The DCPU emphasized the importance of child-friendly

policies and reinforced aware-

ness of child rights and legal

The drive was led by Habibul-lah Rizwani, Protection Of-

ficer (Institutional Care),

protections.

with child protection laws.

about child protection laws.

WWF-India distributes conflict mitigation tools to pastoralists in Kargyam belt



Reach Ladakh Correspondent

KARGYAM: In a significant ards, lynx, and feral dogs.

step towards mitigating human-wildlife conflict in La- Rigzin Dawa, Senior Prodakh, WWF-India distributed gramme Officer, WWF Western essential conflict mitigation Himalayas Conservation Protools, including FoxLights and gramme, along with his team, Flashlights, to 127 pastoral ensured effective outreach and beneficiaries in the Kargyam implementation. belt, covering villages such as Barma, Kherapulu, Sato, and Councillor Chushul applaud-Chibra. The distribution event, ed WWF-India's conservation held in Barma village on Feb- efforts under Rigzin Dawa's ruary 18.

Councillor of Chushul and the future. Ex-Executive Councillor, Konchok Stanzin was the chief FoxLights, mounted on liveguest. The initiative, led by stock corrals, act as a deterrent WWF-India's Western Himala- against nocturnal predators, yas Conservation Programme, effectively reducing livestock aims to help local herders pro- losses and fostering coexistect their livestock from preda- tence between wildlife and lo-

leadership and emphasized the need for continued support in

tors such as wolves, snow leop- cal communities. Meanwhile, lage on February 18.

FlashLights will assist pastoral households in safely navigating pasture routes and protecting their livestock, enhancing both security and efficiency.

This large-scale distribution reflects WWF-India's ongoing commitment to conservation and community welfare in La-dakh. In the coming months, WWF-India plans to introduce additional initiatives, including the installation of pred-ator-proof corrals and other mitigation measures to further support pastoral livelihoods.

The participation of dignitaries and local leaders highlighted the significance of collaborative efforts in addressing hu-man-wildlife conflict. Their continued support, coupled with WWF-India's sustained conservation interventions, is expected to yield long-term benefits for the pastoral communities of Ladakh.

Photo Caption; During the dis-tribution of essential conflict mitigation tools, including Fox-Lights and Flashlights, to 127 pastoral beneficiaries in the Kargyam belt, covering villages such as Barma, Kherapulu, Sato, and Chibra. The distribution event, held in Barma vil-



During the inspection and awareness drive at various private residential hostels in Kargil.

Reach Ladakh Correspondent

KARGIL: The District Child Protection Unit (DCPU), Kargil, in collaboration with the Child Welfare Committee (CWC) and Child Helpline (1098/112), conducted an inspection and awareness drive from February 12 to 15 at various private residential hostels in Kargil to address child physical abuse.

DCPU Kargil, along with offi-cials from DCPU, CWC, and Child Helpline. The initiative was launched in response to a reported child

Tehsil Legal Services Committee, Sankoo, hosts awareness program on traffic rules in Kargil

> DTI, Kargil, Insp. Mohd Nissar briefed about traffic regulations in Kargil. Dy SP DAR Kargil, Tundup Dorjay presented a power point pre-sentation on rate of accidents in Kargil.

President all Transport Association, Kargil, Advocate Reyaz Ahmad Khan stressed upon the Motor Accident Claim Tribunal cases in Kargil.

Deldan Angmo, Chairman KARGIL: Tehsil Legal Ser- Tehsil Legal Services Comvices Committee, Sankoo in mittee, Sankoo/ Special Judicollaboration with Traffic Po- cial Mobile Magistrate, Kargil addressed the audience with Transport Office Kargil, and traffic laws and rules and pre-All Transport Associations sented some video clips to Kargil organized an awareness aware the audience about negprogram on "Traffic Rules and ligence of drivers in causing

ARTO, Kargil, Khadim Hus-The event was presided by sain spoke about significance Chairman, Tehsil Legal Ser- of vehicle documents and vices Committee, Sankoo/ responsibilities of drivers in

Animal Husbandry and Welfare awareness month extended in Kargil until March 13



mize outreach and impact.

mote ethical animal husband-

ry practices, animal health,

and welfare, the campaign

has been extended nation-

wide for another month. The

DAHD, in collaboration with

The initiative aims to promote better livestock management, disease prevention, breed improvement, and overall Reach Ladakh Correspondent animal welfare. Livestock farmers are being sensitized KARGIL: The Department about scientific animal husof Animal Husbandry and bandry practices, government schemes, like KCC, dairy and Dairying (DAHD), under the Ministry of Fisheries, Animal poultry farming and modern Husbandry, and Dairying, has techniques to enhance proextended the Animal Hus-

ductivity and sustainability in bandry and Welfare Awarethe sector. ness Month until March 13 in its inaugural year to maxi-Chief Animal Husbandry Officer, Kargil, Dr. Gulzar Hussain in his message em-The initiative, which began phasized the importance of on January 14, was initially livestock in the rural econoset to conclude on February 13. However, to further pro-

my and reiterated the department's commitment to supporting farmers with essential veterinary services, training, and welfare programs.

He urged farmers to take full advantage of the initiatives being implemented under Pashu Kalyan Pakhwada for the betterment of their livestock and livelihood.

In Kargil, the Animal Hus- The celebration has received an overwhelming response from farmers and livestock breeders, reflecting their enry and Animal Welfare Month – Pashu Kalyan Pakhwada thusiasm for adopting imacross various villages and proved animal husbandry practices. The department blocks, including Zanskar, Sankoo, Drass, Kargil, TSG, remains dedicated to working closely with the farming com-Shargole, and Shakar Chikmunity to ensure sustainable livestock development in the

As part of the month-long region.

tan.

Two BRO workers lose lives in tragic incident on NPD road

in ensuring connectivity in remote regions.

In his message, EC Tashi stated that the loss of dedicated workers in the line of duty serves as a solemn reminder of the risks faced by those working in extreme conditions. He commended the commitment and bravery of BRO personnel and assured the organization of continued support from the local administration.

Reach Ladakh Correspondent

ZANGSKAR: Executive Councillor, Er. Punchok Tashi

DC Kargil reviews proposed citywide CCTV surveillance project



Deputy Commissioner/CEO, LAHDC Kargil, Shrikant Balasaheb Suse chairing a meeting on proposed Kargil City CCTV Surveillance Project.

ments.

Reach Ladakh Correspondent

KARGIL: Deputy Commissioner/CEO, LAHDC Kargil, Shrikant Suse chaired a meeting on February 24 to review the proposed Kargil City CCTV Surveillance Project.

The meeting was attended by ASP Kargil Mujeeb Ur Rehman, ADC Ghulam Mohiudin Wani, Executive Engineer R&B Sadiq Ali Wazir, GM NHIDCL, Executive Officer

Department to design the IT architecture for the project, gave a comprehensive presentation on the initiative.

He highlighted advanced vid-eo analytics solutions using Artificial Intelligence (AI) and Machine Learning (ML), which will automate monitoring for, Traffic violations, Law and order maintenance, surveillance against antisocial elements, improper garbage disposal, Disaster and fire incidents.

As part of the project, a state-AD Tourism Rehmatullah Butt, of-the-art Command and Conalong with officials from BRO trol Centre will be developed and other concerned departto oversee the entire CCTV surveillance system in Kargil. A detailed discussion was held

DC Shrikant Suse instructed all stakeholder departments and officials to assess the proposed CCTV locations and submit their requirements and suggesmarkets, schools, and other tions within two days. These inputs will be considered for in-



During the awareness program on "Traffic Rules and Regulations" in Kargil. Reach Ladakh Correspondent

lice Kargil, Assistant Regional Regulations" at Auditorium accidents. Hall Kargil on February 21.

State Animal Husbandry and Welfare Departments, continues to organize activities to raise awareness and support livestock farmers. bandry Department is actively celebrating Animal Husband-

clusion in the final project plan. Municipal Committee Arifa A consultant from KPMG, des-Iqbal, ACD Razia Khatoon, ignated by the Ladakh Police

critical areas in the city.

CEC Kargil, Dr. Mohd Jaffer Akhoon attends graduation ceremony of rISE fellows

on various aspects of the proj-

ect, which aims to install CCT-

Vs at key locations such as ma-

jor roads, highways, hospitals,

Royal Enfield Social Mission supports holistic child development in Ladakh

to invest in Ladakh's educa-

tion system and recognized

various initiatives undertaken

by corporate entities in Kargil

to enhance educational stan-

Guest of Honour, Joint Direc-

tor of Information Ladakh,

Imteeaz Kacho, also lauded

rZamba's efforts in provid-

ing sustainable, high-quality

education in rural areas. He

emphasized the initiative's

role in bridging educational

gaps and bringing learning

opportunities to students at their doorsteps. He further

noted the significant progress

in female education across

Ladakh and stressed the need

to strengthen teaching stan-

dards.



Reach Ladakh Correspondent

KARGIL: The graduation ceremony of rISE (rZamba Initiative for Sustainable Education) fellows-a program supported by the Royal Enfield Social Mission to promote holistic child development in Ladakh—was held on February 26.

Addressing the gathering, CEC Kargil, Dr. Mohd Jaffer Akhoon, congratulated the graduating fellows and commended rZamba for its dedication to improving the education system in the region. He highlighted the organization's "learning by doing" approach and emphasized the need to equip students with practical skills that ensure both societal relevance and economic independence after their education. He also praised the confidence displayed by students from remote areas, attributing their growth to rZamba's impactful initiatives.

dards. Additionally, he advised students to adopt smart preparation techniques to manage academic stress effectively.

During the event, students from various government schools supported by rZamba showcased innovative models on different themes, demonstrating their creativity and practical learning skills. A documentary highlighting the contributions of rISE fellows was also screened.

State Lead of the Royal Enfield Social Mission, Tsewang Lhamo, briefed the audience on Royal Enfield's commitment Dr. Akhoon acknowledged Royal Enfield's Corporate to investing in high-quality education programs for chil-Social Responsibility (CSR) dren and supporting teachers through professional developefforts, noting their contribu-tions extend beyond rZamba ment, mentorship, and competto benefit the broader student itive compensation. community in Ladakh. He urged other corporate sectors

Meanwhile, CEO of rZamba, Stanzin Saldon (Shifah), provided insights into the organization's initiatives and the invaluable role of the fellows in building a sustainable and inclusive education system in Ladakh.

The event was attended by Councillor Baroo Minjee Adv. Khadim Hussain, Principal DIET Sayeeda Banoo, Deputy Secretary of Culture Nazir Hussain, NHPC Kargil Manager, and other dignitaries.

Later, certificates and mementoes were presented to all graduating rISE fellows in recognition of their contributions and achievements

Special Judicial Mobile Mag-istrate, Kargil, Deldan Ang-mo. DySP DAR Kargil, DySP The program witnessed active

Traffic Kargil, ARTO Kargil and President all Transport As-sociations Kargil were guests public, fostering a collective cum speaker on the occasion. commitment toward safer roads in Kargil. The initiative

The programme aimed to ed- was appreciated by attendees, ucate the public, especially who acknowledged the necesdrivers and transport opera-tors, on the significance of ad-paigns in promoting a culture hering to traffic laws for safer of road safety and legal comroads and a disciplined trans- pliance.

EC Tashi chairs meeting on promotion of winter sports in Ladakh

stakeholder involvement.

During the meeting, partic-ipants highlighted the need for a dedicated Winter Sports Academy in Ladakh to provide structured training and boost the region's winter sports development.

Key suggestions included the formation of a committee comprising local sports promoters, ex-Army personnel with national and international winter sports experience, and other key stakeholders from Leh and Kargil.

EC Tashi stressed the importance of swift action and directed the Joint Director, Youth Services and Sports, to establish the committee. The posed installation of a chair team will conduct on-site assessments, slope evaluations, and a feasibility study to guide the development of winter sports infrastructure.

year delay in implementing these plans and urged authorities to accelerate the process R&B, Sadiq Ali; and DYS-SO Leh/Kargil. Additionally, for winter sports tourism and athlete development.

extended heartfelt condolences to the bereaved families and the team of 13 BRTF Project YOJAK (BRO) following the tragic loss of a machine operator and a laborer while on duty in the Cha and Neraq sector of the Nimmu-Padum-Darcha (NPD) road.

On behalf of the people of Zanskar, EC Tashi expressed deep sorrow over the incident and acknowledged the sacri-fices made by BRO personnel

"May the departed souls rest in peace, and may the entire team of the Border Roads Organisation find the strength to continue their vital work with the same dedication," he said.

He further emphasized the significance of BRO's contributions to infrastructure development in Ladakh and extended his support to the affected families during this difficult time.

Academic progression for **Ex-Servicemen: Felicitation** ceremony held in Kargil



During the felicitation ceremony at the office of the Deputy Commissioner/CEO, LAHDC, Kargil. Reach Ladakh Correspondent

of Understanding (MoU) was signed between the Kendriya Andhra University on February 26 to facilitate the academic progression of ex-ser-vicemen of the Indian Armed by Shrikant Balasaheb Suse, career advancement during their second innings.

Department, Leh. The board on their service records and conducts a viva voce to assess

subject knowledge, with most questions derived from the prescribed syllabus.

On February 25, 2025, a felicitation ceremony was or-ganized at the office of the Deputy Commissioner/CEO, LAHDC, Kargil, to award the Bachelor of Arts in Human Resource Management degrees. For the first time in Kargil's history, these degrees were conferred upon, Ex-Nk Bashir Ahmad (JAK LI KARGIL: A Memorandum Regiment); Ex-L/Nk Muneer Ahmad (Ladakh Scouts Regiment) and Ex-L/Nk Nissar Sainik Board, New Delhi, and Hussain (Ladakh Scouts Regiment, in absentia)

Forces by awarding them a Deputy Commissioner/CEO, Graduation Degree. This ini- LAHDC, Kargil, and Captain tiative aims to support their (IN) AK Pawar, Zila Sainik Welfare Officer.

This initiative recognizes Eligible candidates submit the invaluable contributions their applications to the Zila of ex-servicemen, who have Sainik Welfare Officer, who dedicated their youth to unthen forwards them to a Board wavering service and duty, of Officers constituted at the often at the cost of formal ed-Directorate of Sainik Welfare ucation. By equipping them with academic qualifications, evaluates candidates based the Kendriya Sainik Board is paving the way for their professional growth and seamless their aptitude, potential, and transition into civilian careers.

portation system.

Reach Ladakh Correspondent

KARGIL: Executive Councilor, Er. Punchok Tashi, chaired a meeting at the Conference Hall, LAHDC Kargil, to strategize the promotion of winter sports in the region.

The meeting focused on strengthening Zanskar and Drass Winter Sports Academy and reviewing the prolift to boost winter sports infrastructure.

The session was attended by Joint Director, Youth Services and Sports, UT Ladakh, Tahir Hussain Zubdavi; Council-cerns over the three to fourlor Bhimbat, Abdul Wahid; Councillor Cha, Stanzin Lakpa; Executive Engineer local winter sports promot-ers participated, marking the first meeting of its kind with

Advertisement











RECRUITMENT OF CASUAL PAID LABOUR



(HQ 50 BRTF Convening Order No. : 2071/Lab Induction/134/E2, dated 04 Dec 2024 & 2033/Work Conf/Vol-IV/14/E2 Dated 30 Jan 2025) The General Public is hereby informed that 78 RCC of 50BRTF under PROJECT HIMANK will start their recruitment for casual paid labour wef 15 mar 2025 at SHAKTI, Induction & Medical Camp at 51 RCC. Salary will vary as per skill set.

Candidate must have a valid E-Sharm, Aadhar Card & Bank A/C and will have to bring their own Medical Fitness Certificate as working height will be at an altitude ranging 16000-17000 ft. Only MALE candidates of age restricted to 18-45 Yrs. as on 15/03/25.

Selection will be based on scrutiny of Medically & Mentally fit candidates, hiring duration will be 179 days. Applicants can early send their application to HQ 78 RCC E2-Sec (Pin-930078) by post.

For more information Contact HQ 78 RCC:-

Major A B Singh (Officer Commanding), +91-9419336819